



LACTOSE INTOLERANCE:

Health Consequences and Nutrition Solutions

REGISTER NOW

**JANUARY 25, 2010
1:30 - 2:30 P.M. CST**

FEATURED SPEAKERS



Theresa Nicklas, Dr.PH., M.P.H.
Professor of Pediatrics,
Baylor College of Medicine

Wilma Wooten, M.D., M.P.H.
President of the San Diego Society
of the National Medical Association
Adjunct Professor at San Diego
State University, Graduate School
of Public Health

JOIN US FOR A WEBINAR MONDAY, JANUARY 25!

What is lactose intolerance and what is the best approach to discuss it with clients? Lactose intolerance describes gastrointestinal disturbances following consumption of an amount of lactose greater than the body's ability to digest and absorb it. But, the facts about lactose intolerance may surprise you. In fact, research shows it is not as widespread as many people think among adults. And, it does not require avoidance of dairy foods. Research shows that people who have trouble digesting lactose can enjoy dairy foods daily.

Join us as we take a closer look at lactose intolerance. We'll discuss ways to best discuss lactose intolerance with your patients and clients as well as offer culturally relevant nutrition recommendations. Nutrition scientist Theresa Nicklas, Dr.PH, M.P.H., and expert Dr. Wilma Wooten, M.D., M.P.H., will share timely insights and the latest research on lactose intolerance prevalence, perceptions and the implications for consumption of key nutrients.

SPACE IS LIMITED. SIGN-UP TODAY!

Reserve your Webinar seat now at:

<http://www.eventsvc.com/NDC-Child Nutrition/>

After registering you will receive a confirmation e-mail containing information about joining the Webinar.

This program is under review for CPE credit by the American Dietetic Association (ADA) Commission of Dietetic Registration.



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